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Trusting one's own goodness

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We need doubtless faith in ourselves to truly come into our own



Learning to believe each of us is inherently good, and trusting our innate wisdom, can be likened to sowing a seed, where evidence of the large plant it will become is yet unmanifested. However, the sower of the seed believes that confined within the seed is a large plant. As the sower believes that he has sowed a seed that will inevitably sprout in time, he continues to nourish the soil in which he has planted the seed, with the doubtless faith that it will manifest one day into the large plant.

Similarly, if each of us believes in our goodness, and nurtures such a sentiment, we will in time see it evidenced. The famous actor MGR, it is reported, was once asked 'why' he chose to play a good man in all his films. MGR's response exemplifies his faith in himself. He is purported to have said, "I always play the good person in my films, for one day I will truly come to believe I am so and begin to act accordingly." Words of wisdom from a man who was much revered..

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