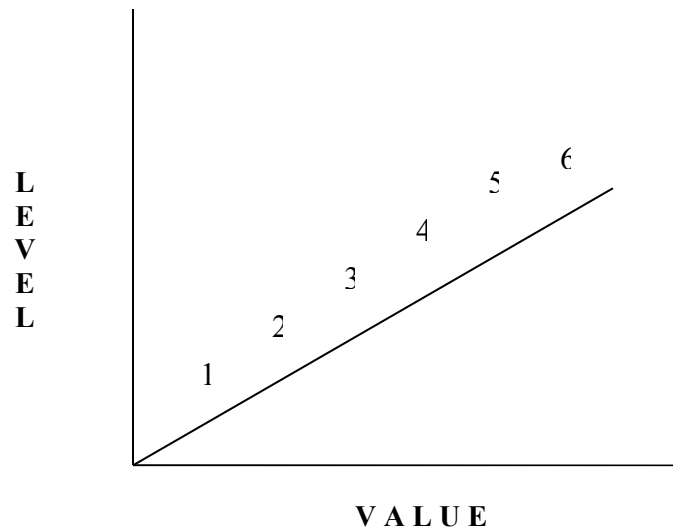


TIME STRUCTURING OF RELATIONSHIPS

Notes: All relationships travel along a continuum, moving as level of intensity along the 'Y' axis and value along the 'X' axis.



1. **Withdrawal** – The level of intensity is lowest in this position and the value for the relationship is weak. The individual is preoccupied and makes no attempt to establish contact of any form.
2. **Ritual** – cursory attempt is made to establish contact and a process of superficiality is maintained.
3. **Past time**- The individual attempts to engage in conversation, however there is no deep desire to establish meaningful contact and often times pleasantries constitute this position.
4. **Activity** – There is a desire to make some contact, yet it is still at surface level and there is tentativeness in approach.
5. **Games** – The individual values the other, which may be both in the form of discounting or recognising and in attempting to establish contact there is a tendency to indulge in psychological games. There is the possibility of the individual's need for recognition, approval and acknowledgement and thus games are resorted to.
6. **Intimacy**- Authenticity, genuineness and honesty constitute this position on the value chain.

All relationships travel along this continuum and given the dynamic nature of human contact moments of intimacy can co-exist with moments of withdrawal as also any other position on the continuum. It is likely that individuals will move back and forth in a relationship along the continuum. No position is fixed and therefore there is fluidity and movement.