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The gift of the present

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Master Oogway, the wise tortoise in the animated film Kung Fu Panda says, "The past is history, the future mystery, today is a gift, which is why it is called the 'present'." It cannot be better said.

In relating with another, I often ask myself, "Can I relate with you as though I am meeting you afresh?" When the answer is yes, I have been able to do so; there is a complete absence of judgment about you in me and I approach you with a sense of curiosity.

There is a saying that I have come across and it reads, "Step into a river, step out and step in again; it is a new river that you will step into, for the old river that you stepped into earlier has passed."

So also remember that people change with every passing day. Thus, because I have experienced you in the past in a particular fashion does not mean you are still the person I knew earlier. You have changed; am I willing to grant you that and see you with freshness?

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