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## Receiving grace

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A man looked heavenwards and entreated god; he cried out, "Lord, can I see you?"

There was lighting shortly thereafter and he got scared.

He cried out again, "Lord, can I hear you?" and there was thunder and he got scared.

Finally he said, "Lord, touch me!" A moth sat on his shoulder and he swatted it away.

Grace is given to us in ways we do not recognise immediately.

For example, a man serving us a hot cup of tea when we need it most, or the doorman opening the door as we enter a building are all signs of grace.

But most of us wait for a large manifestation of grace, which is when we think it has been bestowed on us.

Many of us acknowledge that we have been graced with many things, particularly with good fortune, only when we are able to measure or see bountiful physical evidence.

Yet, grace cannot necessarily be measured in quantitative terms and has to be experienced to feel its true value.

To therefore appreciate small acts of kindness, little gestures of care are truly a way of expressing thanks for the gifts life is giving us.

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