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## A perception gap

T. T. SRINATH

Do you hold on to your belief even if you can see from another's perspective?

I was facilitating a conversation between two individuals, when one of them perked up and said, "We do not seem to agree for we see issues from different perspectives."



I did not and do not want to contend this, yet when I left the meeting, I realised a deeper 'truth' about me which is, that I hold on to my point of view sometimes at the cost of the relationship.

The gap is not in my lack of understanding that we have different viewpoints, yet it is perhaps about unexplored assumptions, distrust, lack of mutuality, haste, impatience and even indifference.

A teacher of mine would often tell us, his students, "If you genuinely attempt to listen deeply and with understanding to what someone is saying, it is likely that you may change your point of view on the issue, even if

you do not agree, for you will hear in the person's words a request to be listened to and empathised with."

The adage, 'what you believe in is what you see', is very true. Thus, when reality and belief clash, belief wins.

*(The writer is an organisational and behavioural consultant. He can be contacted at [ttsrinath@gmail.com](mailto:ttsrinath@gmail.com))*